

Please Note: Competitions may be added/removed throughout the year - please check back regularly (always check the meets conditions)

Q= Qualifiers to Enter | CA = See Coach for Advice

| Date | Competition | Venue | By Selection | Masters | Platinum | Gold | Club | Silver | Bronze | Academy | LTS | Level | LC/SC |
|-----------------------|--------------------------------------------------------------|----------------------------------------|--------------|---------|----------|------|------|--------|--------|---------|-----|-------|-------|
| September 2019 | | | | | | | | | | | | | |
| 29 | FNSC Club Championships 2019 | Mountbatten Centre, Portsmouth | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L4 | SC |
| October 2019 | | | | | | | | | | | | | |
| 5 | FNSC Club Championships 2019 | Fareham Leisure Centre, Fareham | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L4 | SC |
| 5 | South East Region Masters & Seniors SC Championships 2019 | The Spectrum, Guildford | | ■ | | | | | | | | - | SC |
| 12 | National Arena League 2019 Rnd 1 | TBA | ■ | | | | | | | | | L3 | SC |
| 25-27 | Swim England National Masters & Senior SC Championships 2019 | Ponds Forge, Sheffield | | ■ | | | | | | | | - | SC |
| November 2019 | | | | | | | | | | | | | |
| 2-3 | Swim England South East Winter Championships 2019 | Mountbatten Centre, Portsmouth | | | ■ | | | | | | | LC | L1 |
| 9 | National Arena League 2019 Rnd 2 | TBA | ■ | | | | | | | | | L3 | SC |
| 10 | Solent Network Distance Meet 2019 | Mountbatten Centre, Portsmouth | | ■ | ■ | ■ | ■ | ■ | | | | | |
| 16-17 | Guildford City Winter National Champs Qualifier | Surrey Sports Park, Guildford | | | ■ | | | | | | | L3 | SC |
| 23-24 | Atlantis Christmas Cracker Meet 2019 | Pavilions in The Park, Horsham | | | ■ | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| 30 | H&W Peter Bull Open Meet 2019 | Horizon Leisure Centre, Waterloooville | | | ■ | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| December 2019 | | | | | | | | | | | | | |
| 1 | H&W Peter Bull Open Meet 2019 | Horizon Leisure Centre, Waterloooville | | | ■ | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| 5-8 | Swim England National Winter SC Championships 2019 | Ponds Forge, Sheffield | | | ■ | ■ | ■ | ■ | ■ | ■ | | L2 | SC |
| 7-8 | Portsmouth Northsea Christmas Meet | Mountbatten Centre, Portsmouth | | | ■ | ■ | ■ | ■ | ■ | ■ | | L3 | LC |
| 14 | National Arena League 2019 Rnd 3 | TBA | ■ | | | | | | | | | L3 | SC |
| TBC | FNSC Distance Club Championships 2019 | Holy Hill Leisure Centre | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L4 | SC |
| January 2020 | | | | | | | | | | | | | |
| 17-19 | Hampshire County Championships Distance & Relays 2020 | Mountbatten Centre, Portsmouth | ■ | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| 18-19 | South East Region Masters & Seniors LC Championships 2020 | K2, Crawley | | ■ | | | | | | | | - | LC |
| February 2020 | | | | | | | | | | | | | |
| 1-2 | Hampshire County Championships Age Groups 2020 | Horizon Leisure Centre, Waterloooville | | | | ■ | ■ | ■ | ■ | ■ | | L2 | SC |
| 8-9 | Hampshire County Championships Open/Junior & Youths 2020 | Mountbatten Centre, Portsmouth | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| 16 | FNSC Valentines Meet | Horizon Leisure Centre, Waterloooville | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| March 2020 | | | | | | | | | | | | | |
| 20 - 22 | Beckenham International Open Meet | Queen Elizabeth Olympic Park | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| 21 | FNSC Masters Meet 2020 | The Quays, Southampton | | ■ | | | | | | | | - | SC |
| TBC | Jean Hillman Trophy Gala | Fareham Leisure Centre, Fareham | ■ | | | | | | | | | - | SC |
| April 2020 | | | | | | | | | | | | | |
| 3-5 | Guildford National Qualifier L1 | Surrey Sports Park, Guildford | | | ■ | | | | | | | L1 | LC |
| TBC | British Championships 2020 | Royal Commonwealth Pool, Edinburgh | | | ■ | | | | | | | L1 | LC |
| 9-12 | PNSC Easter Festival | Mountbatten Centre, Portsmouth | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| 25-26 | Swim England South East 14 & Under Championships 2020 | K2, Crawley | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| May 2020 | | | | | | | | | | | | | |
| 2-5 | Swim England South East 15 & Over Championships 2020 | Wycombe Leisure Centre, High Wycombe | | | ■ | | | | | | | L1 | LC |
| 10-11 | Swim England South East 14 & Under Championships 2020 | K2, Crawley | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| June 2020 | | | | | | | | | | | | | |
| 1 | Salisbury Stingrays Open Meet | Five Rivers Leisure Centre, Salisbury | | | | | | ■ | ■ | ■ | | L3 | SC |
| 14-16 | British Masters and Senior Age Group Championships 2020 | TBC | | ■ | | | | | | | | - | LC |
| 22 | Hampshire County Masters Championships 2020 | Mountbatten Centre, Portsmouth | | ■ | | | | | | | | - | SC |
| 27-28 | Hampshire Development Meet | Horizon Leisure Centre, Waterloooville | | | | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| July 2020 | | | | | | | | | | | | | |
| 4 | Hampshire Development Meet | Horizon Leisure Centre, Waterloooville | | | | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| 19-20 | FNSC Summer End of Season Meet | Horizon Leisure Centre, Waterloooville | | ■ | ■ | ■ | ■ | ■ | ■ | ■ | | L3 | SC |
| TBC | British Summer Championships 2020 | TBA | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| TBC | Swim England Summer Meet 2020 | TBA | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| August 2020 | | | | | | | | | | | | | |
| TBC | Swim England Summer Meet 2020 | TBA | | | ■ | ■ | ■ | ■ | ■ | ■ | | L1 | LC |
| September 2020 | | | | | | | | | | | | | |

2020 Hampshire Counties Qualifying Window

2020 South East Region Qualifying Window

2020 National Qualifying Window