

Level X Fareham Nomads

Dear Swimmers and Parents,

We are excited to be able to introduce Level X racing as part of our programme over the next few weeks.

Level X racing will be an opportunity for your swimmers to get updated times that will go onto rankings and a national leaderboard. More details about how this will work can be found [here](#).

Below you will see the timetable for the events leading up to Christmas. There will be a second set of Level X time trials in the new year.

Although these races will take place during normal training times Richard has asked that swimmers treat them as they would an open meet. In particular in the first set:

Enter your strongest races.

You may wear race suits if you wish to.

Please note that if you are only competing in 1 race you will still need to attend for the full session. With this in mind please bring warm clothes, a snack and a towel to sit on,

Timetable

Squad	100 Free 100 Breast 50 Back 50 Fly	100 Back 100 Fly 100 IM 50 Free 50 Breast	200 Free 200 Breast	200 Back 200 Fly 200 IM	400 Free 400 IM	800 / 1500 Free
Masters	5/11/20 8 – 9pm	8/11/20 6.30 – 8.30pm	3/12/20 8 – 9pm	6/12/20 6.30 – 8.30pm	TBC	13/12/20
National Performance /Performance	6/11/20 8 – 9.30pm	8/11/20 6.30 – 8.30pm	4/12/20 8 – 9.30pm	6/12/20 6.30 – 8.30pm	TBC	13/12/20
Junior Performance	6/11/20 7.30 – 9.00pm	7/11/20 6.00am – 7.15am	4/12/20 7.30 – 9.00pm	5/12/20 6.00am – 7.15am	TBC	13/12/20
County	6/11/20 7.30 – 9.00pm	7/11/20 6.00 – 7.15am	4/12/20 7.30 – 9.00pm	5/12/20 6.00am – 7.15am	TBC	13/12/20
Development	3/11/20 7.05 – 8.20pm	4/11/20 6 – 7.25pm	1/12/20 7.05 – 8.20pm	2/12/20 6 – 7.25pm	TBC	13/12/20
Foundation	3/11/20 6 – 7pm	8/11/20 7.30 – 8.45am	1/12/20 6 – 7pm	6/12/20 7.30 – 8.45am	TBC	13/12/20

Entering races

Entries will appear on TU Events over the next few days. **The closing date for the 100s and 50s will be 1st November.** No late entries will be considered as we will need to carefully plan the sessions and timings. If you are struggling with entering please email openmeets@farehamnomads.co.uk. You can also find guidance on entering meets on the Nomads [website](#).

Using Time trials for Club Champs

Due to it being very unlikely that we will be able to hold a Club Championships during the 2020/21 swimming season we plan to use the times recorded during club time trials throughout the season (including those held recently in September / October) to run a virtual championship.

Results for all time trials will count. If you swim the same event more than once we will take the fastest time.

Results will be published to the website and you will be able to track progress throughout the year.

The rules regarding qualifying events will be the same as previous years:

- 1. Awards will be made for the individual age groups: 8 yrs/U, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13 yrs, 14 yrs, 15 yrs & 16 yrs -24 yrs, Masters (25 yrs & over). Age will be as at 31st December 2020. This will be even though some times will be recorded in 2021 as we want to ensure we run a club championships in each year and do not end up doubling up in 2021.*
- 2. Awards will be based on FINA points for the swimmers top 8 races (6 for the 9 year old age group). A swimmers top 8 qualifying results must include 2x50m races, 2x100m races (free, back, breast or fly), 1x200m form race (back, breast or fly), best of 200m free or 400m free and 1xIM. If a swimmer does not compete in 8 qualifying races then the results they have got will be used to determine their placing (So, for example a swimmer with 4 good qualifying results could still win their age group).
For 9 year olds the 6 races must include 2 x 50m, 1 x 100m and an IM.*
- 3. If swimmers are on level points after all races have been completed the award will go to the swimmer with the highest-ranking swim (using FINA points).*
- 4. Each boy and girl ranked 1st in each age group from 9 years up will receive the Perpetual Championship shield which they may retain until the last date of the 2021 Club Championships. In addition, each boy and girl ranked 1st, 2nd & 3rd overall in each age group from 9 years up will receive a trophy.*

We hope that we will be able to have a socially distanced celebration in the Summer to award trophies etc.

FNSC Committee

